

A cutout of Superman in his blue suit and red cape, flying upwards and to the left. The background features a sunburst pattern of radiating lines in shades of yellow and orange.

**What's Your
Superpower?**

Silhouettes of two people, a woman on the left and a man on the right, standing and looking towards a bright light source in the background. The woman is wearing a long, flowing dress or cape. The man is wearing a short-sleeved shirt and pants. The background is a bright, glowing sunburst pattern.

**2021
Camper Handbook**

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This handbook is intended to provide basic information to families on our program. We hope this handbook will help you prepare for your camp session(s). Additional information is available on our website:

www.campfrontier.com

Questions can also be directed to the office by calling

(888) 977-CAMP (2267)

or emailing the

CAMP DIRECTOR

campdirector@campfrontier.com

CAMP ADMINISTRATOR

administrator@campfrontier.com

PROGRAM DIRECTOR

programdirector@campfrontier.com

Welcome to Camp Frontier!

Since 1999, Camp Frontier has been the summer home for campers and staff from many faiths and from over 48 countries & many US States and Territories. Our goal has always been to provide each and every camper with an outstanding summer camp experience complete with phenomenal staff, exciting activities and a wholesome “Camp Family” environment.

Our philosophy of “Camp is for the Camper” is the corner stone of our program. We are deeply rooted in the traditions of American Summer Camps yet we constantly update our programs and activities to meet the ever-changing needs and interests of today’s campers. Personal growth, life-long friendships and great memories are the result.

We welcome all campers, new & returning, as well as their parents & guardians into the Camp Frontier family. At Camp Frontier, we celebrate the uniqueness of every individual as they contribute their own personality, abilities, and interests to the camp community. Learning to live, work and play side-by-side with respect, dignity and compassion for others, is an everyday part of this beneficial life skill. We are honored that you have chosen Camp Frontier. **WELCOME HOME!**

~ Brian and Dianne Collar, Founders, Camp Director & Administrator

Our Mission

“To provide an outstanding overnight camp experience”

Camp Frontier, provides a safe, encouraging environment where Campers, ages 7 to 17, are presented with many opportunities for growth through activities and programs unique to the OverNight Summer Camp experience. Along the way, Camper and Staff are challenged to:

- Develop strong interpersonal and social skills
- Create amazing memorable moments
- Celebrate their individuality
- Become a contributing member of a positive camp family

Camp Frontier does not discriminate on registrations of Campers on the basis of race, color, sex, religion, national or ethnic origin, age, or disability. Parents or guardians of campers with special medical needs; mental, physical or emotional, should contact the camp office at **(888) 977-CAMP (2267)** before registering to determine if Camp Frontier is able to meet the needs of their camper.



Registration & Forms



When you're ready to register for camp simply go to:
CampFrontier.com
Click on “Register Online” from the menu.

First Time Registrations:

If this is your first time registering with Camp Frontier you will need to create an account. Click on the “*New Family Enrollment for Camp Frontier*” link at the bottom of the window and fill in the requested information

The following forms are **REQUIRED** to be up to date and on file for each camper **before** they arrive at camp:

The 2021 Enrollment Agreement and Medical History Forms

can be found at CampFrontier.com → Parent Links

→ Log On To Your Family Account → Forms

Complete the **4 part Medical Forms** and sign the **Registration Agreement**

If you have any questions or concerns regarding registration or you need specific forms please contact:

Administrator@CampFrontier.com

or call

888-977-CAMP (2267) ext. 0

Payment Information

Payments:

All camp fess must be paid in full two weeks prior to a camper's session.

A complete list of session dates and fees is available online at CampFrontier.com

Payment Plans:

Payment plans are available for every session.

Contact the office at 888-977-2267 (CAMP) or campdirector@campfrontier.com for more information.

Become a Camp Scholarship Sponsor:

At Camp Frontier we believe that every child can benefit from the life-changing experiences of OverNight Summer Camp. To that end, we have partnered with the American Camp Association (ACA), to raise scholarship funds for families unable to afford the full Summer Camp Tuition.

Check out our website, campfrontier.com/scholarship-sponsor for more information or to become a sponsor.

Donations to the scholarship program are tax deductible.

Cancellation & Refund Policy:

All deposits, fees or tuition paid is non-refundable should the camper not attend, go home early during camp, or be expelled for any reason. Campers not completing a session for reason of illness will have the unused tuition prorated and held on credit for another year. In the event of expulsion, these funds are forfeited (as the Camper is not able to return to Camp Frontier) and these funds benefit the Scholarship Fund.



Cabin Assignments

Cabin Assignments are determined by age & birth gender. Camp Frontier is focused on providing a safe and comfortable environment for all our campers.

Adventurers (ages 15-17), Pioneers (ages 13-14), Explorers (ages 10-12), Trailblazers (ages 7-10).

We are happy to work with you and your camper to determine the best cabin assignment prior to arrival at camp.

If you have any questions or concerns about the cabin assignment process, please contact

campdirector@campfrontier.com or call 888-977-CAMP (2267) ext 0

Camper Check-In Day

"A great experience starts with a great first day!"

To best welcome each and every Camper, all of our check-in days are held on **Sundays** at set times throughout the afternoon. Families will receive an email with their assigned arrival time the week prior their child's session.

The Camp Director, Administrator, Health Care Provider and many Counselors will be available to answer any questions and help your family with the check in process.

During the check in process your camper will:

- Receive a Name/ Award medallion
- Receive their cabin assignment
- Receive a Camp Frontier Shirt & Water Bottle
- Discover their ColorWarz Team
- Check in any personal activity equipment (*Paintball Markers, Bows & Arrows, Air Rifles, etc.*)
- Check in their personal cell phone & other electronics (*tablet*) for use during TechTime
- Complete a Health Check & check-in any medications (*over the counter or prescription*)
 - Please inform our Health Care Professionals if your camper has any dietary requirements or concerns

AirPort Pickup & Drop Off



Parents with Campers flying to or from Camp Frontier must coordinate their flight information with the camp office before purchasing a flight.

Transportation to and from the **Orlando International Airport** is available at a cost of \$75 per child, per service.

For Airport Pick-ups & Drop-Offs please contact
administrator@campfrontier.com
or call 888-977-CAMP(2267) ext 0

Camper Check-Out Day

Each stay at Camp Frontier ends on a Saturday. **Parents/ Guardians will receive an email or notification regarding check-out dates & times:** Please arrive promptly at the scheduled time. In case of delay please notify the office by calling 888-977-CAMP (2267). All medication, electronics and any personal activity equipment will be returned at the time of pick-up.

Counselors Appreciation: Most of our Counselors are college students and their employment at camp is financially important to them. While tipping is a tradition, it is not required. Your appreciation of the care they have shown your Camper, however, is very much appreciated by them.

Packing List

REQUIRED ITEMS

- ☐ **Bedding for twin mattress:** Fitted sheet, top sheet, mattress pad, blanket, pillow, pillow case
- ☐ Comfortable Clothing for 8 days.
- ☐ One “nicer” set of clothes for the dance party *(held in the final week of each session)*
- ☐ At least one Swimsuit
 - Girls - A modest one-piece bathing suit
 - Boys - Swim Trunks or Board Shorts
- ☐ 2 sets of older comfortable tennis shoes
- ☐ Flip Flops or water shoes
- ☐ Poncho or Raincoat
- ☐ Bug Repellent *(non-aerosol only)*
- ☐ Sunblock or sunscreen - SPF 30 or higher *(non-aerosol only)*
- ☐ Flashlight with extra batteries
- ☐ Soap, shampoo, personal toiletry items
- ☐ Small organizer / tote bag for toiletry items
- ☐ Net draw-string laundry bag *(No standing hampers)*
- ☐ Long Pants & Shoes with a defined heel – required for English Horse Back Riding

SPECIAL NOTE:

Please Be Sure to Label Everything with Your Camper's Name

DO NOT BRING!!

- ☐ Money – there is no opportunity to spend
- ☐ Towels are provided
- ☐ Electronics such as; computers, music devices, electronic games or game systems, etc.
- ☐ Pocket knives or other weapons
- ☐ Water bottles from past summers *(new ones will be given for 2021)*
- ☐ Water balloons, shaving cream for pranking, silly string, fireworks, and other such items
- ☐ Alcohol, illegal &/or illicit drugs/substances, and drug paraphernalia, e-cigs or the like
 - These items will be confiscated, turned over to the local authorities and the Camper expelled.
- ☐ Animals/Pets - Except for trained service animals

OPTIONAL ITEMS

- ☐ Musical Instruments for activities & performances
- ☐ Pen, postcard, stamps, paper, addressed envelopes
- ☐ Hat or cap
- ☐ Sunglasses
- ☐ Favorite stuffed animal
- ☐ Sleeping Bag
- ☐ Swim mask, snorkel, goggles
- ☐ Books, magazines, puzzle or activity books
- ☐ Backpack or small day bag
- ☐ Clothes & items the color of your ColorWars Team
- ☐ Digital or disposable camera
- ☐ Wristwatch
- ☐ Any items to be used in the talent show
- ☐ Personal equipment for sports, paintball, performances, arts, etc.
- ☐ Cell phone with charger *(collected upon arrival and made available for TechTime)*
- ☐ A bicycle or scooter with helmet to ride on camp

Donated Items

Games, instruments, laptops, cameras, *Legos* and various indoor and outdoor toys are appreciated.

Standard of Dress

At Camp Frontier we believe that all clothing should be appropriate for the age and birth gender of all individuals on camp. Our dress code is designed to help achieve this ideal and foster an encouraging camp environment.

- Clothing may not display images or messages that are Derogatory, Violent in Nature, Disrespectful to others
- Clothing should fit properly & be intended for outdoor play
- Closed-toed shoes are required for most outdoor activities. i.e:
 - Challenge Course
 - Paintball
 - Sports
 - Horses
 - Archery
 - Tree Climbing
 - Marksmanship (BB Guns)
 - Bike Riding
 - Woodworking

Typical Daily Schedule

The following schedule encompasses a typical Camp Frontier day. The schedule will vary depending on the day of the week and especially the weather conditions.

Morning WAKE-UP

8:00 AM BREAKFAST

Rise and Shine, time to enjoy a relaxing, nutritious breakfast in your cabin or in the dining hall.

8:30 AM MORNING FLAG

We start our day paying respect to the American Flag. Campers of the day get the honor of raising the flag.

8:45 AM 1ST PERIOD ACTIVITY

10:30 AM 2ND PERIOD ACTIVITY

Campers will play and learn at the same morning activities for the activity week.

12:15 PM LUNCH

1:30 PM 3RD PERIOD ACTIVITY

The choices change daily, and Campers will get to choose during lunch

3:00 PM CAMP STORE & CABIN TIME

The most important meal of the day, afternoon junk food; No money needed as it is included in the tuition

4:00 PM 4TH PERIOD ACTIVITY

The choices change daily, and Campers will get to choose during lunch

5:30 PM CABIN TIME

Great cool down & catch up time before Dinner

5:45 PM DINNER

6:30 PM EVENING FLAG

We end each day around the Flag pole, paying respect to the American Flag. Campers of the day get the honor of lowering the flag.

7:00 PM EVENING ACTIVITY 1

Get ready for an exciting Color Warz game, a relaxing BunkNight or any other camp traditions. Basically, there is a fun to be had by all.

8:00 PM EVENING ACTIVITY 2

Time for each cabin to do something fun together. We also encourage all to attend LateNight, our nondenominational praise and worship time.

9:00 PM CABIN TIME

Time to wind down and get ready for lights out. Lights out is determined by age & by the counselors.

Choosing Activities

To achieve our philosophy of **Camp is for the Camper**, especially with activities, each camper chooses their own activities, from the available activity options. Weekly, each camper will choose 2 morning activities and each day they will choose and additional 2 afternoon activities. A list of all activities is available on our website.

Morning Activities:

- Campers participate for the entire activity week, Monday to Friday
- Options may change week to week (*dependent upon interest*)
- Chosen towards the beginning of each week
- Focuses on developing knowledge and improving skills
- Allows for more in-depth opportunities & experiences

Afternoon Activities:

- Campers participate for the activity period (*90 minutes*)
- Options change daily
- Chosen daily during Lunch
- Focuses on fun & variety
- Allows campers to try different activities



Keeping in Touch

Campers of every age, unplugged from electronics, away from regular school friends and the family back home, become a part of a camp community making new friends, relying on their counselors, and growing in self-confidence. Continuous communication with home and off-camp friends prevents the personal growth unique to the OverNight Summer Camp experience and will increase homesickness.

We understand, however, that parents back home desire to stay informed of their camper's well-being. Based upon decades of experience, we have established the following practices and policies which allow parents to be informed while ensuring that campers have the full benefit of the OverNight Camp experience.

TECH TIME:

TechTime allows campers phone use twice each week for 30 minutes, Wednesday evenings and Saturday afternoon to contact their parents/guardians. Campers who did not bring a cell phone to camp are given access to a phone to call home during TechTime. WiFi is available.

LETTERS & CARE PACKAGES:

Campers love to receive mail, especially care packages of toys, books and games. **Do not send Camper mail to the Post Office Box.** Please send letters and packages only to

**Camp Frontier, [Camper's Name]
5000 Firetower Road
Haines City, FL. 33844**

Campers are encouraged to mail post cards and letters home. We have found that many of our Campers do not know how to properly address an envelope. Please review addressing an envelope with your child and/or pack pre-addressed and stamped envelopes or post cards. International letters can be scanned and emailed. Please **do not** send mail certified or mail requiring a signature.

EMAILS:

Email is **printed** each day and given to the Campers. Campers do not have the ability to reply to email. Send emails only to:

camper@campfrontier.com

INSERT THE CAMPER'S NAME IN THE SUBJECT LINE. Please do not include attachments as only the email itself is printed.

CHECKING-IN VIA TEXT:

Parents may text directly with a Staff member at any time to receive updates on their child. Please understand that the Staff's full attention is given to the campers and activities. A reply will be sent as soon as possible often within the same day. The text-only number is

1-888-CAMP-TXT or 1-888-226-7898

VISITORS DAY

Due to our commitment to provide a safe environment during the COVID-19 Pandemic, visitors day is limited to one or two adults. Visitor's Day is held each Sunday from 1 to 4pm. Please check in to the Lodge. Campers will be called to the Lodge for visits. Visitors are welcome to walk around camp but not to have contact with other Campers nor enter other buildings or Cabins. Thank you for your understanding.

Connecting on Social Media

Videos and Pictures are posted as often as possible on the camp social media pages.

Please connect with us and share with your family and friends.

At the bottom of CampFrontier.com are links to all camp's social media.

YouTube.com/CampFrontierFlorida

Facebook.com/CampFrontierFlorida

Twitter.com/CampFrontierUSA

Instagram.com/campfrontierflorida



Health and Wellness

MEDICATIONS:

All Medications (prescription or over the counter) must be checked in with the Infirmary.

All prescription medications must be in the original container with current dosage listed. Prescription medications will not be administered without direction from a licensed physician.

The Infirmary is supplied with a variety of over the counter medications for camper and staff use. Our on-site Health Care Professional is responsible for the distribution of any over the counter medications. A list of over the counter medications is available on the Camper Medical History Form.

ADDITIONAL MEDICAL TREATMENT

The Infirmary is fully equipped to handle most every day injuries or illnesses. In rare instances a camper may require additional medical assistance beyond the scope of the Infirmary. In these cases, the camper will be transported to a local emergency clinic or hospital for treatment.

Parent notification for campers who require additional medical treatment is done once treatment has been administered and the camper is in a stable condition as defined by a medical professional. Parents or Guardians will be notified in the event that camper spends an extended period of time in the Infirmary.

Homesickness

Feeling homesick is a natural, common and healthy part of a child's development while at Summer Camp. Our Staff helps each camper through periods of homesickness by keeping them involved in activities and assuring them that they are safe and able to enjoy time away from home with their new camp friends. While it may seem that a phone call home would help, years of experience has taught us that contact with home makes homesickness worse. For this reason, Campers do not call home outside of TechTime.

IMPORTANT

We strongly discourage removing a child from camp due to homesickness as it also removes this unique opportunity for growth. Almost without exception, once a Camper understands that they will be staying at camp, homesickness passes quickly and the fun of camp is realized. Many campers who have undergone this personal journey have returned year after year, some even becoming part of the Staff.

Helpful Tips for Reducing & Preventing Homesickness

Taken from www.acacamps.org - American Camp Association (ACA)

At Home Preparations:

- Work together as a family to plan & select a camp, as well as pack
- Allow your child to spend some practice time away from home, such as a weekend at a friend's house
- Prepare some pre-stamped, pre-addressed envelopes to bring to camp
- Avoid the philosophy of or using phrases such as "I will rescue you from camp if you don't like it"
- Send a letter or care package to your child before camp begins, so they will have something waiting for them
- Remind your child that they made a commitment and they will have a wonderful time
- Talk with & communicate your concerns with the Camp Director &/ or the Camp Administrator
- Relax – No news is good news
- Ensure that your child is prepared to take care of their basic needs especially personal hygiene

On Camp Strategies:

- Stay Busy – At camp there is always something to do, but if there is an activity that you really want to do, let your counselor know.
- Talk to your Counselor – The camp staff are there to ensure that each camper has a great summer, so encourage your child to voice their concerns to their counselor
- Remember that camp is only for a few days or weeks, not your entire life
- Write a letter home
- Try new things and have fun – Camp is about exploring new possibilities and opportunities that are normally not present during the remainder of the year. Talk with your child about taking advantage of these opportunities and making the best of every situation.

Code of Conduct – The Camp For Good Kids

Every Camper is presented with the opportunity to contribute to the camp community, enhancing the overall camp experience for everyone including themselves. This creates an environment conducive for a fun and safe Summer Camp experience that everyone can enjoy. Campers who make the choice to be disruptive, disrespectful or combative, or those who **intentionally diminish the camp experience of others** will be sent home if they are unable to or unwilling to correct such behavior. Additionally, campers who make the choice to perpetrate or participate in any of the following actions are subject to expulsion from camp:

- Violence of any Kind
- Bullying
- Theft / Shop Lifting
- Possession of weapons
- Possession of or use of drugs or alcohol
- Vandalism
- Refusing to obey Staff
- Leaving the cabins at night without permission
- Continued use of profane language
- Endangering themselves or others

Spiritual Life

It is our hope that our Campers and Staff, of many faiths and backgrounds, may develop a strong spiritual foundation on which to be better prepared to deal with the decisions of today's world.

We sing a song of thanks-giving before each meal and a daily Virtue Challenge is shared at morning flag where anyone may offer to lead pray for the day.

A few times each session, Campers and Staff may choose to participate in *LateNight*, a non-denominational praise and worship time. This is a comfortable time for all our Campers, of every faith, to come together to sing, pray, explore God's word and grow in a positive uplifting environment.

FAQs

Do you provide Laundry Service?

Yes. Laundry service is provided free of charge. Once each week, laundry is provided for all Campers and Staff staying on for the next week.

What about Lost and Found?

While at camp, Campers will be asked to regularly check the lost and found table located in the Hang-Out. Every effort will be made to return any items before Campers departure (other than socks and underwear). All un-labeled items will be held for one week and then be donated to a local charity or retained for future camp use. Camp Frontier is not responsible for lost or damaged items. We will attempt to mail home lost items which have the Campers name clearly marked.

Should I label all my child's personal items?

Yes!!!!!! Please label all items with your Campers first and last name or initials. We recommend using a laundry sharpie on iron name tag.

How much clothing should I pack?

Campers will need to bring 8 days of clothes to camp. Please use the provided packing list, as printed in this handbook, as a guide.

What is the best method of packing?

After years of experience, we find that packing in plastic storage containers or plastic drawers (*three high*) is the most efficient. Floor space is limited.